

Geo Yoga — Liability Waiver & Release

Free Community Class · Wednesdays 6 PM · Veterans Memorial Park, 1985 W 7800 S, West Jordan, UT 84088

Assumption of Risk. I understand that yoga involves physical movement and, like any physical activity, carries the risk of injury. I voluntarily participate with full knowledge of these risks and assume responsibility for my own safety, health, and well-being.

Medical Acknowledgment. I confirm that I am physically able to participate. I will inform the instructor of any condition, injury, pregnancy, or limitation before class begins. I understand the instructor is not a medical professional and any guidance offered is not medical advice.

Release of Liability. In consideration of being permitted to participate, I release and hold harmless Geo Yoga, its instructor(s), and Veterans Memorial Park / West Jordan City from any and all claims, demands, or causes of action arising from my participation, except in cases of gross negligence.

Outdoor Conditions. I acknowledge that classes take place outdoors and may be affected by weather, terrain, insects, or other natural factors. I am responsible for dressing appropriately and bringing water and a mat.

Photography. Occasional photos or videos may be taken for community and promotional use. I may opt out by notifying the instructor before class.

Minors. Participants under 18 must be accompanied by a parent or legal guardian, who signs on their behalf.

Printed Name: _____

Signature: _____

Date: _____

Emergency Contact (Name & Phone): _____